

## Dr. Gabriela Rueda

Renowned Dentist, Entrepreneur, and Innovator  
Ruda Dental Clinic



## Professional Overview

Dr. Gabriela Rueda is a distinguished dentist and entrepreneur known for her exceptional contributions to dental aesthetics and healthcare fashion. Originally from Venezuela, she relocated to Mexico to further her studies and has since established a prominent career in León, Guanajuato. Her expertise in dental treatments has attracted numerous high-profile clients, including prominent figures from Mexican football such as Rafael Márquez, Luis Montes, José Juan Macías, William Yarbrough, Ignacio González, Jonny Magallón, and Jorge Enríquez.

Beyond her clinical practice, Dr. Rueda is the founder of **Work and Chill**, a pioneering brand that designs and manufactures premium medical uniforms. The brand emphasizes comfort, elegance, and professionalism, with all products crafted by skilled Mexican women. Work and Chill has gained international recognition, showcasing its designs at prestigious events such as the **Annual Session of the American Association of Orthodontists** in Miami, Florida, and a cosmetic convention in Coventry, United Kingdom.

## Academic and Professional Training

Dr. Rueda's academic journey is marked by extensive training and specialization:

- **Dental Degree** – Completed in Venezuela
- **Postgraduate Studies** – Pursued in Mexico, focusing on advanced dental techniques and aesthetics

## Entrepreneurial Ventures

Identifying a gap in stylish and functional medical attire, Dr. Rueda launched **Work and Chill**. The brand has transformed the perception of medical uniforms, offering designs that blend fashion with practicality. This initiative not only elevates the confidence of healthcare professionals but also supports local artisans, as the manufacturing is entrusted to Mexican women specializing in textiles.

## Publications & Media Features

Dr. Rueda's innovative approach has been spotlighted in several esteemed publications:

- **Forbes Magazine** – Featured for her visionary entrepreneurship in the medical field
- **El Sol de León** – Highlighted her contributions to Mexican craftsmanship through Work and Chill
- **El Heraldo de México** – Covered her role as the preferred dentist for top footballers

## International Conferences & Workshops

Dr. Rueda actively participates in global dental and orthodontic forums, sharing her insights on dental aesthetics and professional development:

- **Annual Session of the American Association of Orthodontists** – Presented innovative uniform designs and engaged with international dental professionals

## Humanitarian & Volunteer Work

Committed to giving back, Dr. Rueda engages in various community outreach programs, offering dental care to underserved populations and mentoring aspiring dental professionals.

## Awards & Recognitions

Her dedication and innovative spirit have earned her numerous accolades, including recognition from **Forbes México** for her entrepreneurial impact in the medical industry.

## Conclusion

Dr. Gabriela Rueda exemplifies excellence in dentistry and entrepreneurship. Her commitment to enhancing patient self-esteem through dental aesthetics, coupled with her innovative approach to medical attire, positions her as a leader in her field. Through her clinical expertise, business ventures, and media presence, Dr. Rueda continues to inspire and influence the global medical community.